

SPECIALTY CLASSES



Babysitting Certification

The Babysitter's Training course from the American Red Cross will teach you everything you need to know to be a great babysitter. This fun, interactive course teaches first aid and safety skills so you can prevent and respond to emergencies. And, as a Red Cross trained babysitter, you'll gain confidence and valuable employment skills to impress parents. Upon completion of the course you'll receive a full color, illustrated handbook filled with great information and resources to use on the job.

Calavera Hills Community Center: Meeting Room 1

Instructor: American Red Cross **Age: 11Y - 15Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37901	1:00-4:00pm	Sa	Jun 7-14	2c	\$65/\$75
37903	1:00-4:00pm	Sa	Jul 12-19	2c	\$65/\$75

Stagecoach Community Center: Meeting Room 1

Instructor: American Red Cross **Age: 11Y - 15Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37902	1:00-4:00pm	Sa	Jun 21-28	2c	\$65/\$75
37904	1:00-4:00pm	Sa	Aug 2-9	2c	\$65/\$75

Computer Workshop for Adults

This 'hands-on' class covers issues/topics that inevitably hit anyone who uses a computer, but which are not covered in the usual books and classes. Topics include: how to deal with various 'unexpected' events on your computer; how and when to update, upgrade or install new software; why, when, and how to use PrintScreen; what files or programs can safely be deleted from your computer and how to do it; when to use 'save' vs. 'save as'; how to stop a runaway printer; when should you call the experts; who to call and how to deal with them; freebies and downloads on the Internet, etc. Topics covered will depend, in part, on students' priorities and interests. The final session includes a substantial amount of Question and Answer time with demonstrations by the instructor. **PREREQUISITE:** Computer Literacy class or basic experience with a computer.

Senior Center: Computer Room

Instructor: Harriet Marois **Age: 18Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37446	5:30-7:30pm	Tu	Jun 3-24	4c	\$54/\$64

CPR Certification: Basic

Basic CPR course with AED (Automatic External Defibrillator) is designed to prepare people to provide CPR and AED's in a safe, timely and effective manner. This course is for the 'lay person.' It is not intended for Healthcare providers (md, nurse, dentist). The course goals include cognitive and psychomotor objectives. The completion card will be issued by American Safety and Health Institute. All classes are simple, practical and include lecture, hands-on and interactive activities. Please dress comfortably. Two-year certification.

Stagecoach Community Center: Meeting Room 2

Instructor: Kim Parizeau **Age: 14Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37626	10:00am-12:30pm	Sa	Jun 7	1c	\$45/\$55
37627	10:00am-12:30pm	Sa	Jun 14	1c	\$45/\$55
37628	10:00am-12:30pm	Sa	Jun 21	1c	\$45/\$55
37629	10:00am-12:30pm	Sa	Jun 28	1c	\$45/\$55

Calavera Hills Community Center: Meeting Room 2

Instructor: Kim Parizeau **Age: 14Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37631	10:00am-12:00pm	Sa	Jul 19	1c	\$45/\$55
37632	10:00am-12:30pm	Sa	Jul 26	1c	\$45/\$55
37633	10:00am-12:30pm	Sa	Aug 2	1c	\$45/\$55
37634	10:00am-12:30pm	Sa	Aug 9	1c	\$45/\$55

First Aid Certification

Emergency Medical Services Authority certified instructors will teach this basic class, which covers fractures, strains, bleeding control, sprains, shock, seizures, etc. Two-year certification. All classes are simple and practical and include lecture, hands-on and interactive activities. Please dress comfortably. EMSA sticker (Daycare) \$5 additional.

Stagecoach Community Center: Meeting Room 2

Instructor: Kim Parizeau **Age: 14Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37906	12:30-2:30pm	Sa	Jun 7	1c	\$45/\$55
37907	12:30-2:30pm	Sa	Jun 14	1c	\$45/\$55
37908	12:30-2:30pm	Sa	Jun 21	1c	\$45/\$55
37909	12:30-2:30pm	Sa	Jun 28	1c	\$45/\$55

Calavera Hills Community Center: Meeting Room 2

Instructor: Kim Parizeau **Age: 14Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37910	12:30-2:30pm	Sa	Jul 19	1c	\$45/\$55
37911	12:30-2:30pm	Sa	Jul 26	1c	\$45/\$55
37912	12:30-2:30pm	Sa	Aug 2	1c	\$45/\$55
37913	12:30-2:30pm	Sa	Aug 9	1c	\$45/\$55

CPR/First Aid Combo

American Heart Association certified instructors will teach this course which covers CPR with AED training as well as Basic First Aid. Please dress comfortable. Two-year certification.

Stagecoach Community Center: Meeting Room 2

Instructor: Kim Parizeau **Age: 14Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37967	10:00am-2:30pm	Sa	Jun 7	1c	\$55/\$65
37968	10:00am-2:30pm	Sa	Jun 14	1c	\$55/\$65
37969	10:00am-2:30pm	Sa	Jun 21	1c	\$55/\$65
37970	10:00am-2:30pm	Sa	Jun 28	1c	\$55/\$65

Calavera Hills Community Center: Meeting Room 2

Instructor: Kim Parizeau **Age: 14Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37971	10:00am-2:30pm	Sa	Jul 19	1c	\$55/\$65
37972	10:00am-2:30pm	Sa	Jul 26	1c	\$55/\$65
37973	10:00am-2:30pm	Sa	Aug 2	1c	\$55/\$65
37974	10:00am-2:30pm	Sa	Aug 9	1c	\$55/\$65

Dog Obedience

Would you like to improve your relationship with your best friend? Do you wish you had more control? This class is designed to give you the upper hand and help establish good habits early in life. Emphasis is placed on understanding how dogs learn. Solutions for house training, digging, chewing, barking, jumping and other destructive behavior will be addressed. Dogs must be four months of age and current on all shots. Dog handlers between the ages of 12 and 16 must have a parent or guardian present while participating in class.

Senior Center: East Parking Lot

Instructor: Pacific Coast Canine **Age: 12Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37960	6:00-7:00pm	Tu	Jun 3-Jul 8	6c	\$80/\$90
37961	6:00-7:00pm	Tu	Jul 22-Aug 26	6c	\$80/\$90

Good Manners

Good Manners I

It is never too early to learn table manners, social introductions, telephone etiquette, classroom and playground manners and respect for elders and persons in authority. These basic subjects are presented in a creative and enjoyable student participatory program.

Calavera Hills Community Center: Meeting Room 2

Instructor: Terry Ryan **Age: 6Y - 12Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37987	4:00-5:30pm	W	Aug 20	1c	\$15/\$25

Stagecoach Community Center: Meeting Room 1

Instructor: Terry Ryan **Age: 6Y - 12Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37986	4:00-5:30pm	M	Jun 23	1c	\$15/\$25

Advanced

Prerequisite: Good Manners I. Students will practice table manners at a formal table setting, discuss party and restaurant manners, including invitations and thank you notes and learn about etiquette. A light snack of punch and cookies will be served. Please notify instructor if your child should not eat the snack.

Calavera Hills Community Center: Meeting Room 2

Instructor: Terry Ryan **Age: 6Y - 12Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37989	4:00-5:30pm	W	Aug 27	1c	\$15/\$25

Stagecoach Community Center : Meeting Room 1

Instructor: Terry Ryan **Age: 6Y - 12Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37988	4:00-5:30pm	M	Jun 30	1c	\$15/\$25

Spa At Home

Sea Therapies

It's summer time and the ocean is calling! Therapies from the sea have been used for centuries. Come learn the many benefits of spa treatments with ingredients derived from our oceans and seas. Remineralize your skin with a relaxing Aromatherapy Sea Salt Bath Soak. Learn how to make a wonderful mask using kelp powder and clays. Discover the benefits of ingredients from the Dead Sea and make a Dead Sea Body Wrap. Plus, learn about other great at-home treatments using our oceans' treasures. Workshop participants will make and take home 3 spa products featuring 'sea therapies'. \$20 supply fee covers all class materials and is due to instructor at workshop.

Stagecoach Community Center: Meeting Room 1

Instructor: Karen Peltier-Rishmawi **Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37895	6:00-9:00pm	Tu	Jun 17	1c	\$45/\$55

Calavera Hills Community Center: Meeting Room 1

Instructor: Karen Peltier-Rishmawi **Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37896	6:00-9:00pm	W	Jun 25	1c	\$45/\$55

California Delights

Use the best California has to offer in at-home spa treatments you make yourself! Take a trip to the citrus groves any time of day, at home or on the go, with an Uplifting Citrus Aromatherapy Spritzer you create using all-natural essential oils. Almonds, full of nutrients, are great for your skin, too! Create a wonderful Almond Body Smoother to exfoliate summer skin. Learn how to whip up spa treatments at home with avocados – not only good to eat, but great in facials and body masks! And clean your skin naturally with gentle Facial Cleansing 'Grains' you make using clay, almonds, local herbs, and more. Make and take home 3 spa products using the best California has to offer! \$20 supply fee covers all class materials and is due to instructor at workshop.

Stagecoach Community Center: Meeting Room 2

Instructor: Karen Peltier-Rishmawi **Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37897	6:00-9:00pm	W	Aug 20	1c	\$45/\$55

Calavera Hills Community Center: Meeting Room 1

Instructor: Karen Peltier-Rishmawi **Age: 16Y and up**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37898	6:00-9:00pm	Tu	Aug 26	1c	\$45/\$55

Spanish Workshop

For Preschoolers

Is your family planning to visit a Spanish speaking country? Give your child the advantage of learning 'Travel Spanish'. In this Summer Spanish Workshop, we will explore themes such as : asking for directions, shopping at mercados (open-air markets), ordering at restaurants, basic greetings and more! This 1-week workshop is a fun and energetic way for your child to learn Spanish through music, stories, crafts, games and movement. Students may bring a snack each day. There is a \$15 materials fee due to the instructor on the first day.

Stagecoach Community Center: Activity Room

Instructor: Lorraine Wilson **Age: 3Y - 5Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37480	9:00-10:30am	M-F	Jul 7-11	5c	\$120/\$130

Calavera Hills Community Center: Activity Room

Instructor: Lorraine Wilson **Age: 3Y - 5Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37502	9:00-10:30am	M-F	Jul 14-18	5c	\$120/\$130

For Kids

Is your family planning to visit a Spanish speaking country? Give your child the advantage of learning 'Travel Spanish'. In this Summer Spanish Workshop, we will explore themes such as : asking for directions, shopping at mercados (open-air markets), ordering at restaurants, basic greetings and more! This 1-week workshop is a fun and energetic way for your child to learn Spanish through music, stories, crafts, games and movement. Students may bring a snack each day. There is a \$15 materials fee due to the instructor on the first day.

Stagecoach Community Center: Activity Room

Instructor: Lorraine Wilson **Age: 6Y - 11Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37504	10:45am-1:00pm	M-F	Jul 7-11	5c	\$160/\$170

Calavera Hills Community Center: Activity Room

Instructor: Lorraine Wilson **Age: 6Y - 11Y**

CLASS#	TIME	DAYS	DATE	TERM	R/NR FEES
37505	10:45am-1:00pm	M-F	Jul 14-18	5c	\$160/\$170